



**POLICY: IGAE PHYSICAL EDUCATION AND HEALTH EDUCATION  
– Potentially Sensitive Issues**

REGULATION:

EXHIBIT:

Health Education is a part of the combined Physical Education/Health Education Curriculum. The aim of the Physical Education/Health curriculum in Seine River School Division is to provide each student with planned and balanced programming to develop the knowledge, skills and attitudes for physically active and healthy lifestyles.

For student learning outcomes related to potentially sensitive issues (human sexuality, personal safety, mental wellness, healthy lifestyle choices), the teacher will provide a written letter to parents, prior to implementation, providing an overview of content that will be taught. Parents will have the option for their child to not participate in the classroom learning for some or all of these outcomes. Where a parent requests their child does not participate in the class instruction for these specific topics, the parents will be responsible for providing the learning outcomes at home, and an alternative learning assignment will be provided to the student during the class instruction time.

APPROVED: 2004  
REVISED: April 9, 2019  
SOURCE:  
OTHER REFERENCE: